

Archivos de medicina del deporte

Órgano de expresión de la Sociedad Española de Medicina del Deporte



ORIGINALS

Peak running velocity predicts 5-km running performance in untrained men and women

Impact of sleeve gastrectomy on the kinetics of oxygen consumption in women after bariatric surgery

Obesity vs. Whole-body-fat and myocardial infarction risk prediction. Body fat percentage is better indicator

Parasympathetic recovery after effort as a measure of work load

Anthropometric profile and estimation of competition weight in elite judokas of both genders

REVIEWS

Effect of caffeine as an ergogenic aid to prevent and prevent muscle fatigue

Training methods and nutritional considerations for the increase of muscle mass: a systematic review

